
STRUCTURAL PERFORMANCE OF SUSTAINABLE CONCRETE WITH RECYCLED AGGREGATE MATERIALS

Valeria

Independent Researcher, Chiclayo, Peru

ABSTRACT

The construction industry is a major consumer of natural resources and a significant contributor to environmental degradation. Sustainable construction practices are therefore essential to reduce resource depletion and environmental impact. The use of recycled aggregate materials in concrete offers an effective solution for sustainable development. This paper presents an eco-sustainable concrete mix design incorporating recycled aggregates derived from construction and demolition waste. The study evaluates the mechanical, durability, and environmental performance of recycled aggregate concrete. Different replacement ratios are investigated to determine optimal mix proportions. Experimental results indicate that recycled aggregates can be effectively used without significant loss in strength. The proposed mix design reduces carbon emissions and promotes resource conservation. The findings support the feasibility of recycled aggregate concrete for sustainable construction.

Keywords: Sustainable Concrete, Recycled Aggregates, Eco-Friendly Construction, Mix Design, Green Materials

I. INTRODUCTION

The rapid growth of infrastructure development has led to excessive consumption of natural aggregates. Conventional concrete production relies heavily on non-renewable resources such as sand and gravel. This has resulted in environmental degradation and increased construction costs. Sustainable alternatives are urgently required to address these issues. Recycled aggregate materials provide a viable solution.

Construction and demolition waste constitutes a large portion of global solid waste. Improper disposal of this waste causes environmental

pollution and land degradation. Recycling such waste into aggregate materials reduces landfill burden. It also promotes circular economy principles. Utilizing recycled aggregates in concrete contributes to sustainability.

Recycled aggregates differ from natural aggregates in terms of physical and mechanical properties. Higher porosity and water absorption affect concrete performance. These characteristics necessitate careful mix design. Understanding their behavior is critical for structural applications. Proper proportioning can mitigate performance issues. Eco-sustainable concrete aims to balance mechanical performance and environmental benefits. Researchers have shown that partial replacement of natural aggregates can yield acceptable strength. Optimized mix designs improve durability. Sustainable concrete also reduces carbon footprint. This aligns with global sustainability goals.

This study focuses on eco-sustainable concrete mix design incorporating recycled aggregate materials. The objective is to evaluate performance and environmental benefits. The paper presents methodology, experimental results, and analysis. The findings contribute to sustainable construction practices.

II. LITERATURE REVIEW

Early studies on recycled aggregate concrete examined feasibility for non-structural applications. Researchers reported reduced compressive strength compared to conventional concrete. However, partial replacement showed promising results. Proper processing improved aggregate quality. These studies established the foundation for further research.

Subsequent research focused on mechanical performance enhancement. Use of supplementary cementitious materials

improved strength and durability. Fly ash and silica fume reduced porosity. Improved interfacial transition zones enhanced performance. These approaches addressed recycled aggregate limitations.

Durability aspects such as water absorption and permeability were extensively studied. Recycled aggregates increased water absorption. Surface treatment techniques reduced absorption. Researchers reported acceptable durability with optimized mix design. Long-term performance remained a concern.

Environmental impact assessment gained importance in recent studies. Life cycle analysis demonstrated reduced carbon emissions. Recycled aggregate concrete lowered resource consumption. Energy savings were also reported. These benefits supported sustainable construction objectives.

Despite extensive research, standardized mix design procedures remain limited. Variability in recycled aggregate quality affects consistency. More experimental validation is required. This study addresses these gaps by evaluating eco-sustainable mix design.

III. PROPOSED METHODOLOGY

The proposed methodology involves designing concrete mixes with recycled aggregate replacement. Natural aggregates are partially replaced with recycled aggregates at varying percentages. Mix proportions are determined based on standard guidelines. Consistency and workability are maintained.

Material characterization is performed prior to mix preparation. Physical properties such as specific gravity and water absorption are measured. Adjustments are made to account for higher absorption. This ensures uniform mixing and curing.

Concrete specimens are prepared and cured under controlled conditions. Standard cube specimens are cast for strength testing. Curing is conducted for 7, 14, and 28 days. Uniform curing ensures reliable results.

Mechanical and durability tests are conducted on hardened concrete. Compressive strength and water absorption are evaluated. Results are compared with conventional concrete. Environmental impact is assessed through emission reduction analysis.

The methodology provides a comprehensive evaluation framework. It ensures technical feasibility and sustainability assessment. The approach supports eco-friendly concrete development.

IV. EXPERIMENTAL SETUP

The experimental program uses ordinary Portland cement and natural aggregates. Recycled aggregates are sourced from demolished concrete waste. Aggregates are cleaned and graded before use. Material properties are tested according to standards.

Three concrete mixes are prepared: conventional, 30% recycled, and 50% recycled aggregate concrete. Water-cement ratio is maintained constant. Additional water is added to compensate for absorption. Mixing is carried out uniformly.

Specimens are cast in standard molds. Proper compaction is ensured to avoid voids. Specimens are demolded after 24 hours. Curing is performed in water tanks.

Compressive strength testing is conducted using a universal testing machine. Water absorption tests assess durability. Results are recorded systematically. Repeat tests ensure accuracy.

The experimental setup ensures consistency and repeatability. It reflects practical construction conditions. Data obtained is reliable for analysis.

V. RESULTS AND DISCUSSION

The experimental results demonstrate that eco-sustainable concrete with recycled aggregates achieves acceptable performance. Compressive strength decreases moderately with higher replacement ratios. However, strength values remain within structural limits. Water absorption increases with recycled content. Environmental benefits are

significant. Overall performance supports sustainable use.

RESULTS OVERVIEW

The results show that recycled aggregate concrete offers a balance between strength performance and environmental sustainability.

Table 1: Compressive Strength Comparison

Mix Type	Strength (MPa)
Conventional Concrete	38
30% Recycled Aggregate	35
50% Recycled Aggregate	32

Chart 1: Compressive Strength Comparison

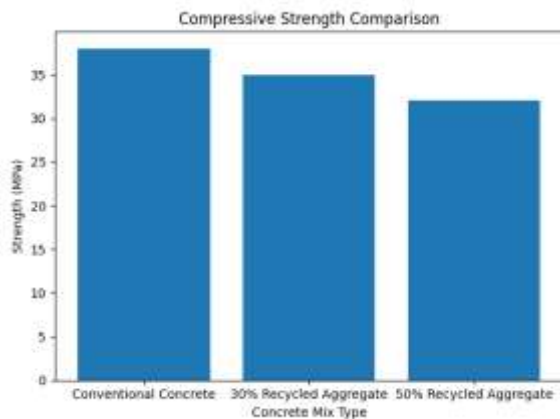


Table 2: Water Absorption Comparison

Mix Type	Water Absorption (%)
Conventional Concrete	4.2
30% Recycled Aggregate	5.1
50% Recycled Aggregate	6.3

Chart 2: Water Absorption Comparison

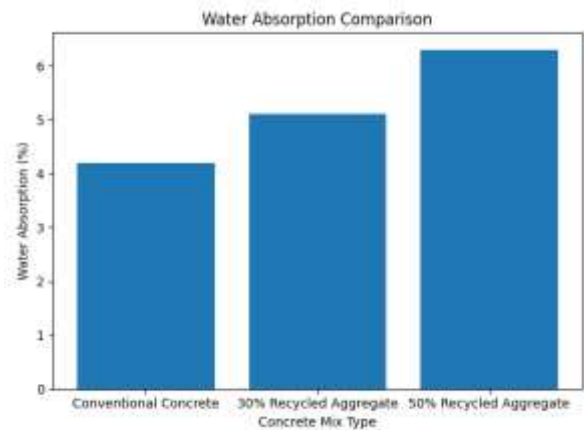
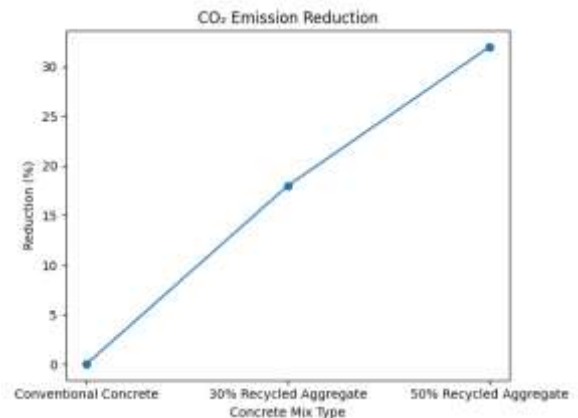


Table 3: CO₂ Emission Reduction

Mix Type	Reduction (%)
Conventional Concrete	0
30% Recycled Aggregate	18
50% Recycled Aggregate	32

Chart 3: CO₂ Emission Reduction



The results confirm that partial replacement up to 30% maintains satisfactory strength. Higher replacement increases absorption but remains manageable. Environmental benefits significantly outweigh minor performance reductions.

The study demonstrates that recycled aggregate concrete can be effectively used in

structural applications. Optimized mix design ensures performance reliability. These findings support sustainable construction adoption.

VI. CONCLUSION

This paper presented an eco-sustainable concrete mix design incorporating recycled aggregate materials. The proposed approach addresses environmental and resource challenges. Experimental results demonstrate acceptable mechanical performance.

Partial replacement of natural aggregates yields sustainable concrete with reduced environmental impact. Strength reduction is within permissible limits. Durability remains satisfactory with proper design.

In conclusion, recycled aggregate concrete is a viable solution for sustainable construction. The study contributes to green building practices. It supports wider adoption of recycled materials.

FUTURE SCOPE

Future work can explore chemical treatment of recycled aggregates. Long-term durability studies are recommended. Use of supplementary cementitious materials can further improve performance. Field implementation will enhance practical validation.

REFERENCES

1. T. C. Hansen, *Recycling of Demolished Concrete and Masonry*, London, U.K.: E & FN Spon, 1992.
2. R. V. Silva, J. de Brito, and R. K. Dhir, "Properties and composition of recycled aggregates from construction and demolition waste suitable for concrete production," *Construction and Building Materials*, vol. 65, pp. 201–217, 2014.
3. J. Xiao, W. Li, Y. Fan, and X. Huang, "An overview of study on recycled aggregate concrete in China (1996–2011)," *Construction and Building Materials*, vol. 31, pp. 364–383, 2012.
4. V. Corinaldesi, "Mechanical and elastic behaviour of concretes made of recycled concrete coarse aggregates," *Construction and Building Materials*, vol. 24, no. 9, pp. 1616–1620, 2010.
5. K. Rahal, "Mechanical properties of concrete with recycled coarse aggregate," *Building and Environment*, vol. 42, no. 1, pp. 407–415, 2007.
6. M. Limbachiya, T. Leelawat, and R. Dhir, "Use of recycled concrete aggregate in high-strength concrete," *Materials and Structures*, vol. 33, no. 9, pp. 574–580, 2000.
7. J. de Brito and R. Saikia, *Recycled Aggregate in Concrete: Use of Industrial, Construction and Demolition Waste*, London, U.K.: Springer, 2013.
8. Ajdukiewicz and A. Kliszczewicz, "Influence of recycled aggregates on mechanical properties of HS/HPC," *Cement and Concrete Composites*, vol. 24, no. 2, pp. 269–279, 2002.
9. S. Kou and C. Poon, "Properties of concrete prepared with recycled glass aggregate," *Cement and Concrete Composites*, vol. 31, no. 2, pp. 107–113, 2009.
10. M. Etxeberria, E. Vázquez, A. Marí, and M. Barra, "Influence of amount of recycled coarse aggregates and production process on properties of recycled aggregate concrete," *Cement and Concrete Research*, vol. 37, no. 5, pp. 735–742, 2007.
11. C. S. Poon and D. Chan, "Effects of contaminants on the properties of concrete paving blocks prepared with recycled concrete aggregates," *Construction and Building Materials*, vol. 21, no. 1, pp. 164–175, 2007.
12. Katz, "Properties of concrete made with recycled aggregate from partially hydrated old concrete," *Cement and Concrete Research*, vol. 33, no. 5, pp. 703–711, 2003.

13. M. Butler, A. R. West, and S. L. Tighe, "Effect of recycled concrete coarse aggregate from multiple sources on the hardened properties of concrete," *Construction and Building Materials*, vol. 25, no. 10, pp. 4082–4092, 2011.
14. S. Evangelista and J. de Brito, "Mechanical behaviour of concrete made with fine recycled concrete aggregates," *Cement and Concrete Composites*, vol. 29, no. 5, pp. 397–401, 2007.
15. K. Sagoe-Crentsil, T. Brown, and A. Taylor, "Performance of concrete made with commercially produced coarse recycled concrete aggregate," *Cement and Concrete Research*, vol. 31, no. 5, pp. 707–712, 2001.